

GLOBAL VENTURES

PACKING LIST

LUGGAGE

- ONE suitcase and ONE backpack

DOCUMENTS

- Flight itinerary (Global Ventures will mail you this a few weeks before your trip)
- Passport

CLOTHING (Please be mindful and bring modest attire).

- 5-7 shirts (NO sleeveless, low-cut, or midriff shirts will be allowed)
- 3-6 pairs of jeans or capris (below the knee)
- Jacket and/or sweatshirt (for colder climates)
- Undergarments & Socks (enough for 10-12 days)
- One-piece swimsuit and shorts to the knee (or a cover-up) for walking from your hotel room to the pool. *(Not all hotels will have a pool, please contact GV to see if you will need a swimsuit.)
- Crusade – Men:
 - 1-2 collared shirts
 - 1 pair of dress pants
- Crusade – Women:
 - Dress shirts or blouses
 - 1-2 dresses or skirts below the knee

NOT ALLOWED:

- **SHORTS, YOGA & SPANDEX PANTS ARE NOT PERMITTED DURING MINISTRY** (Street or Crusade). You can wear these items during training times. If you wear them for ministry though, you will be asked to change.

FOOTWEAR

- Flip flops (for the shower, if you'd like)
- Tennis shoes (that you don't mind getting dirty)
- 1 pair of nicer dress shoes for the crusades

TOILETRIES

- Towel and washcloth
- Soap & Shampoo
- Toilet paper
- Hand sanitizer
- Antibacterial /Baby wipes
- Anti-diarrhea medicine
- Pain relievers (Advil, Tylenol PM, etc.)
- Feminine products (ladies only)
- Electrolytes (you can find these in "chew" form or powder form to mix in your water)
- Sunscreen (at least SPF 30)
- Insect repellent (with DEET)

MISCELLANEOUS (helpful items)

- **Snacks** (enough to last 10 days)
- Bible, notebook, and pen
- Camera
- Water bottle
- Battery operated alarm clock
- Mini flashlight
- Spending money for souvenirs (suggested \$50-\$100 USD per week, cash only)
- Raincoat or poncho
- Dictionary (translate from English to national language)
- **CREDIT CARD** (We highly recommend that you bring a credit card to be able to use in case of emergencies.)

****NOTE:** Theft is always a possibility with traveling abroad. PLEASE DO NOT BRING ANYTHING THAT YOU CAN'T AFFORD TO LOSE.